

POKES

FROM **11,45€**

MAKE IT
LARGE

+2€



SALMON & GUACAMOLE 11,95€

Quinoa and sushi rice, salmon marinated in yakiniku, guacamole, edamame, pineapple, peanut, nori seaweed, sunflower seeds, chives, sesame and mango sauce.

11,45€ CHICKEN 🍣

Sushi rice, chicken, mango, avocado, cherry tomato, crispy onion and spicy mayo sauce®



🍣 **TUNA** 11,95€

Sushi rice, red tuna, wakame seaweed, cashews, plantain chips, crispy onion, avocado, nori seaweed, sesame seeds and korean chili mayonnaise sauce.

11,95€ FLAMED SALMON 🍣

Sushi rice, flamed salmon, red onion, avocado, wakame seaweed, sesame seeds and spicy mayo sauce®



🍣 **SALMON** 11,95€

Sushi rice, fresh salmon, red onion, avocado, wakame seaweed, sesame seeds and spicy mayo sauce®

NEW!

11,45€ VEGAN

Quinoa and brown rice, heūra minibites, avocado, cucumber, edamame, radish, beet, dried tomatoes, sesame seeds and trufa sauce.



TOFU 11,45€

Sushi rice, tofu, chive, avocado, edamame, carrot and teriyaki sauce.

11,95€ PREMIUM

Quinoa, salmon, red onion, avocado, edamame, cherry tomato and teriyaki sauce.



🍣 **PULLED PORK** 11,45€

Sushi rice, pulled pork, peanuts, pineapple, corn, plantain chips, edamame, jalapeno, pickled onion, sesame seeds, cherry tomato and yakiniku sauce.

11,95€ MIX 🍣

Sushi rice, tuna and salmon, red onion, avocado, wakame seaweed, sesame seeds and spicy mayo sauce®



CREATE YOUR POKE

in 5 steps



10,95€
MEDIUM



12,95€
LARGE

1 CHOOSE YOUR BASE

CHOOSE UP TO 2

- Sushi rice
- Brown rice
- Quinoa
- Mixed greens
- Spinach
- Arugula

2 CHOOSE YOUR PROTEIN

CHOOSE UP TO 2

- Chicken
- Salmon ... +0,50€
- Tuna +0,50€
- Heūra **NEW!**
- Tofu
- Tuna in oil
- Pulled pork

3 CHOOSE YOUR SAUCE

CHOOSE 1

- Spicy mayo®
- Vegan mayo
- Truffle sauce
- Teriyaki
- Spicy mango
- Chipotle mayo
- Korean chili mayo
- Ranch
- Curry & mango
- Ponzu
- Yakiniku
- Eel sauce
- Sweet mustard
- Provenzal
- Soy
- Sweet soy
- Olive oil

4 CHOOSE YOUR TOPPINGS

CHOOSE UP TO 4

- Wakame seaweed . +1€
- Avocado +1€
- Guacamole +1€
- Red onion
- Corn
- Pickled onion
- Cucumber
- Edamame
- Radish
- Beet
- Cherry tomato
- Dried tomato
- Pineapple
- Carrot
- Chive
- Ginger
- Mango
- Jalapeños
- Onions sprouts
- Jalapeños
- Pico de gallo
- Goat cheese
- Cheddar cheese
- Cream cheese

CRUNCHY TOPPINGS

CHOOSE 1

- Sesame seeds
- Crunchy textured soy
- Wakame crunch
- Nori seaweed
- Crunchy onion
- Plantain chips
- Veggie chips
- Cashew nuts
- Peanuts
- Sunflower seeds
- Nuts
- Mixed nuts

5 ADD EXTRAS

- Protein +2€
- Premium protein +2,50€
Tuna / Salmon
- Extra sauce +0,50€
- Standard topping +0,60€
- Special topping +1€
Wakame, vocado, guacamole
- Crunchy toppings +0,60€

BURRITOS 8,45€



CHICKEN BURRITO 🌶️

Wheat tortilla, chicken, guacamole, pico de gallo, walnuts, arugula, goat cheese, cherry tomato and chipotle mayo..

VEGAN AVOCADO WRAP

Wheat tortilla, avocado with sushi rice, edamame, cucumber, radish, dried-tomato and vegan mayo.

+ADD HEÛRA IF YOU NEED EXTRATASTY! +2€



TUNA BURRITO

Wheat tortilla, tuna in oil, cream cheese, spinach, cherry tomato, crispy onion, guacamole, fresh red onion and honey mustard.

AMERICAN CHICKEN

🌶️ BURRITO

Wheat tortilla, chicken, rice, corn, avocado, cherry tomato, crispy onion and spicy mayo®



RANCH BURRITO

Grilled chicken, lettuce mix, sun-dried tomato, cheese, crispy onion, guacamole, fresh red onion and sweet mustard, wrapped in a wheat tortilla.

Our proposal for the little ones with wheat tortilla, chicken, cheddar cheese, cream cheese and crispy onion. **LOVE IT!**

KIDS BURRITO



SANDWICHES 6,45€



CHICKEN CHIPOTLE 🌮

Chicken, cherry tomato, arugula, cream cheese and chipotle sauce with brioche bread.

THE VEGAN

Crunchy vegan bread with heūra bites, sundried tomato, sprouts, crunchy onion and vegan mayo.



CHICKEN SPICY MAYO® 🌮

Brioche bread, chicken, crispy onion, avocado, cream cheese and spicy mayo sauce.®

TUNA MELT

Brioche bread with tuna in oil, avocado, cream cheese, cheddar cheese and honey mustard sauce.



PULLED PORK

Brioche bread, pulled pork, red onion, pineapple, cheddar cheese and yakiniku sauce.

CREATE YOUR *healthy* SANDWICH 6,45€ In 4 steps

1 BREAD

- Brioche
- Vegan

2 PROTEIN

- Chicken
- Tuna in oil
- Heūra +2€
- Pulled pork

3 TOPPINGS UP TO 4

- Cream cheese
- Cheddar
- Avocado +1€
- Cherry tomato
- Guacamole +1€
- Pico de gallo
- Corn
- Cucumber
- Red onion
- Mango +1€
- Radish
- Edamame
- Crunchy onion
- Peanuts
- Cashews +1€

4 SAUCE

- Spicy mayo®
- Curry & mango
- Truffle sauce
- Vegan mayo
- Chipotle mayo
- Teriyaki
- Korean chili mayo

EXTRAS!

- Proteïn +2€
- Toppings +0,60€
- Special Toppings +1€
Avocado, guacamole, mango, cashews
- Sauce +0,50€

HEALTHY STARTERS & SNACKS

BEETROT HUMMUS 4'45 €

The most original and surprising of our homemade hummus. Served with veggie chips.

AVOCADO HUMMUS 4'45 €

Creamy artisan mix of our traditional hummus with avocado and edamame, served with plantain chips.

PEANUTS HUMMUS 4'45 €

Our homemade hummus made with peanuts and served with veggie chips.



SALMON TARTAR 9'45 €

Sweet soy salmon marinated, with avocado, wakame seaweed and sweet mustard sauce.

WAKAME SALAD 4'45 €

Refreshing and delicious, with hints of cucumber and sesame seeds.

PUMPKIN CREAM 4'45 €

PLANTAIN CHIPS 2'00 €

Delicious and perfect at any time.

VEGGIE CHIPS 2'00 €

Irresistible Crunch.



A SWEET MOMENT

CHOCOLATE COOKIE WITH WHITE CHOCOLATE CHIPS 2'75 €

CHOCOLATE CHIPS COOKIE 2'75 €

CHOCOLATE CHEESECAKE 3'95 €

PASSION FRUIT PIE WITH CHIA 3'95 €

AÇAÍ MOUSSE 3'95 €

PINEAPPLE BOWL 3'95 €

DRINKS



WATER 50 CL. 1,95 €

SPARKLING WATER 50 CL. 2,50 €

COCA COLA ORIGINAL / ZERO CAN 33 CL. 2,20 €

AQUARIUS ORANGE O LEMON CAN 33 CL. 2,20 €

NESTEA SUGAR FREE CAN 33 CL. 2,20 €

ESTRELLA GALICIA BEER / 0,0 BEER CAN 33 CL. 3,00 €

1906 BEER CAN 33 CL. 3,50 €

KOMBUCHA KOMVIDA. DIFFERENT FLAVORS 3,50 €

SMOOTHIES INNOCENT. DIFFERENT FLAVORS 3,50 €

MENÚS

BRING HAPPINESS

Enjoy at the best Price!



MEDIUM POKE* + DRINK

POKE TO CHOOSE FROM A SELECTION OF MENU* + WATER OR SOFT DRINK

12,45€

WITH LARGE POKE +2€

SANDWICH + DRINK **7,45€**

FRESH SANDWICH**
+ WATER OR SOFT DRINK



BURRITO + DRINK **9,45€**

HEALTHY BURRITO
+ WATER OR SOFT DRINK

ADD
COOKIE*
FOR ONLY

2€



*Medium poke included in menu: Chicken, Tofu, Vegan, Pulled Pork. Rest +0,50€. Create your poke is not included. cookie 2€ only when added to the menu described here. Only to dine in or take away. Not combinable with other promotions or discounts. Subject to availability.

CHILDREN'S AND FAMILY MENUS



AÑADE COOKIE* POR SOLO **2€**



KIDS MENU

Kids Burrito + water or soft drink

For only

9,45€

KIDS BURRITO 100% natural grilled chicken breast, cream cheese, cheddar cheese and crispy onion. **A FLAVOR THEY LOVE!**

NEW KIDS & FAMILY MENUS



ADD COOKIE* FOR ONLY **2€**

FAMILY MENU

29'90€

2 MEDIUM POKES*
+
KIDS BURRITO
+
3 DRINKS
(water o soft drink)

*Medium poke included: Chicken, Pulled pork, Tofu, Vegan. Rest +0,50€. Create your poke is not included. PVP 2€ cookie only valid with menu. Not combinable with other offers and promotions. Subject to availability.